



My name is Mrs White and I am the school SENDCO. I am always happy to meet with you and want to work with you to ensure all our pupils get the very best support at Eureka, enabling them to thrive and be the best version of themselves. This is not just our SEND pupils but any child that is struggling or may need additional support at some point (even if for a short period of time).

If you have any concerns or wish to discuss anything please see the child's class teacher or make an appointment to see me. This can be done by either calling the school office on **01283 216451** or you can email me directly on white.j.01@eureka.derbyshire.sch.uk

All our pupils receive support based on their need rather than a diagnosis and support is planned carefully based on each individual. Please get in touch if you have any concerns about your child. I am usually in school on a Tuesday, Wednesday and Thursday and try to get out on the gate at arrival and home time if you prefer to catch me then.

Murphy, our Therapy Dog

Murphy has been in school 3 times and has coped really well with all the noise and bustle of the school although he is exhausted after a morning as can be seen in this picture!

There has been lots of positivity around having Murphy in school and children have already started greeting him before they say good morning to me (although this also happens with Mr B!) . Murphy is calm around the children -even sitting in 1 class and letting lots of children stroke him.

Murphy has already helped children come into school when they are having a tricky morning leaving parents and has helped children who feel anxious about dogs. He has a bit still to learn (he has barked on 2 occasions when things have startled him) but we are hoping to begin the official training soon and that as he gets used to the school environment he will bark less!



More things to ask you child at the end of the day

Here are some more ideas to encourage your child to talk at the end of the day and share what they have been doing:

1. What made you laugh?
2. Who inspired you today?
3. What was the high and the low?
4. What was your least favourite part of the day?
5. Was anyone in your class do anything interesting today?
6. Did you feel 'safe, happy, comfortable'?
7. What is something you heard that surprised you?
8. What is something you saw that made you think?
9. Who did you play with today?
10. Tell me something you know today that you didn't know yesterday.

Parent morning for Year 5 and 6

There will be a Year 5 and 6 coffee morning on the 17th March at 9am. This will be in partnership with the Derbyshire Parent Carer Voice team and will also hopefully include pastoral / SEN staff from both Granville and Pingle schools.

We recognise that transition to secondary is an anxious time for all involved and we hope that this opportunity will help to support and reassure Year 6 parents / carers once the local authority have confirmed placements in March. This session will provide you an opportunity to talk to staff from Pingle and Granville and ask any questions that you have and for Year 5 parents / carers we hope it will give you chance to speak with staff before you make the decision about which school to send your child to when applying next year.

Mrs White and Marie from Derbyshire Parent Carer Voice will also be there to talk to if you wish!

Resources you might find useful

These QR codes link to resources from Hampshire NHS child and adolescent mental health services. They link to videos about the different areas of need.

What is Emotionally Based School Avoidance



Risk factors for Emotionally Based School Avoidance



Tips for Emotionally Based School Avoidance



Thriving with ADHD in school



ADHD and sleep



Reframing ADHD



Girls and ADHD



ADHD – order out of chaos



Growing older and changing ADHD symptoms



The importance of sleep



Tips to support sleep optimisation



To watch the videos, scan these QR codes

