



Friday 14th March 2025

Weekly Update and Information

Hi All

I hope you are smiling and your week has been a positive one. It has been British Science week this week and the children have had an assembly and completed some activities.

Can I please remind you that healthy snacks are to be brought into school and eaten at break times, such as fruit, yoghurt pouches, cereal bars etc. Some children are eating biscuits, chocolate, crisps etc. These are fine in lunch boxes but not for break time please. Healthy food choices are important and the snack at breaktime needs to be part of a balanced diet. Please also be reminded we are a NUT FREE school due to children having allergies and severe reactions if exposed to nuts in any form.

It is definitely Red Nose day next Friday, 21st March. Children can come to school in non-uniform, including Red Nose day merchandise. For extra comfort and loveliness, children – and staff – can bring their slippers to school and wear them in class for the day! For those children who have PE / Forest School, please ensure they are dressed appropriately for these sessions. A donation of £1 for Red Nose day would be most appreciated.

We are taking part in Sustrans Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 24th March to 3rd April 2025. We want to encourage all child to walk, scoot or cycle to school on as many days as possible during the event. There are some great prizes to be won every day if we get enough children taking part!

Sustrans Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing. Active school runs also help to reduce congestion and air pollution outside the school gate. [A 2021 YouGov study](#) showed nearly half of UK children worry about air pollution near their school and that children thought active travel was the best way to bring down these pollution levels. Sustrans has developed a handy free guide to walking, cycling or scooting to school. It is packed with advice to help you have hassle-free journeys to school. Download your free family guide using this link: [Sign up to receive your free school run guide - Sustrans.org.uk](#)

Parents' evenings are on Monday 31st March and Wednesday 2nd April. Letters for these with slips to return are being sent home on Monday.

Have a lovely weekend and take good care. We look forward to seeing you on Monday, at 8.45am.

Kind regards, Miss Hurt