Derbyshire Catering Service Autumn/Winter 2026/2027 Menu Additional Items v1

These figures have been calculated using Cypad Nutritional Analysis and McCance & Widdowson and are accurate at the date of print.
Pasta and rice portions are shown as cooked portion weight.

We strongly recommend that portion sizes are weighed for accuracy of the nutritional information, however, nutrient information is also provided per 100g to allow for nutrient calculations in the instance that the portion sizes differ from that stated.

Menus and recipes may be subject to change at short notice, deviations from the recipes will result in this information being inaccurate. The information provided has not been verified by a qualified dietician and therefore is not considered as nutritional advice.

Additional Items per Portion

Menu Item	Portion Weight (g)	Energy (kcal)	Fat (g)	Salt (g)	Total Sugar (g)	Carbohydrate (g)	Protein (g)
Cheese Sandwich	105	309.4	12.5	1.2	3.1	36.8	11.4
Ham Sandwich	135	292.9	7.3	1.4	3.1	36.6	18.4
Jacket Potato (no fillings)	166	161	0.3	0	2.3	37.5	4.2
Primary Cheese Portion	20	83	6.9	0.4	0	0.3	5
Primary Pasta Pot (cooked pasta)	228	280	6.6	0.6	7.8	45.9	11.5
Tuna Mayo	75	109	5.6	0.6	0.9	2	12.6
Tuna Sandwich	140	291.8	7.1	1.2	3.2	36.9	18.9
Baked Beans	40	33.6	0.2	0.3	1.7	5.4	1.9

Additional Items per 100g

Menu Item	Per 100g	Energy (kcal)	Fat (g)	Salt (g)	Total Sugar (g)	Carbohydrate (g)	Protein (g)
Cheese Sandwich		294.7	11.9	1.1	2.9	35	10.9
Ham Sandwich		217	5.4	1	2.3	27.1	13.6
Jacket Potato (no fillings)		97	0.2	0	1.4	22.6	2.5
Primary Cheese Portion		415.1	34.4	1.8	0.1	1.4	25
Primary Pasta Pot (cooked pasta)		122.6	2.9	0.3	3.4	20.1	5
Tuna Mayo		145.3	7.5	0.8	1.1	2.6	16.8
Tuna Sandwich		208.4	5.1	0.9	2.3	26.3	13.5
Baked Beans		84	0.4	0.7	4.2	13.5	4.7

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